



Sunrise Recreation and Park District 2012 Aquatics General Information

Thank you for your interest in the Sunrise Recreation and Park District's Aquatics program. The information listed on these pages is tentative and are subject to change. If there are any questions that you have or if you are looking for more information about our swimming lessons, public swim, pool rentals, aquatic classes, etc. please contact the Sunrise Recreation and Park District Office at (916) 725-1585 or stop by the Rusch Park Community Center at 7801 Auburn Blvd., Citrus Heights, CA 95610.

Pool Locations:

Antelope Aquatic Complex, 7990 Palmerson Dr., Antelope, (Phone # 723-SWIM)
Rusch Pool, 7801 Auburn Blvd., Citrus Heights, (Phone # 726-0111)

Swimming Lessons:

The Sunrise Recreation and Park District's Swim Lesson Program offers participants an opportunity to learn water safety skills in a fun and safe environment. The instructional program is ideal for the beginning swimmer age 1 and older. All classes are 30 minutes in length and are usually 8 days with classes on Monday – Thursday unless otherwise noted. The District offers Spring, Summer and Fall lesson sessions. For more information on what level to sign up your child(ren) please refer to the Swim Lesson Level Description page. Swim Lessons are offered at the Antelope Aquatic Complex and Rusch Pool. Our swimming lessons are very popular and generally fill up very quickly, so register today!

Group Lessons:

Spring Season (5 days) -	\$25 per session
Summer/Fall Season (8 days) -	\$46 per session
Fall Season (6 days) -	\$32 per session

Private Lessons:

1 on 1 lessons (4 days) -	\$65 per session
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Registration:

Registration for our Spring Aquatics programs will begin on December 1, 2011.
Registration for our 2012 Spring/Summer Aquatics programs will begin on March 5, 2012 for on-line registration and March 12, 2012 for walk-in/drop-off registration.

Public Swim:

Antelope Aquatic Complex is open:

Weekends & Holidays from Memorial Day Weekend through Labor Day weekend
from 1:00 to 5:00PM.

Weekdays from June 4 through August 10 from 1:00 to 4:30PM.

Fees: Tots (Under 2 years)	Free
Youth (3-17 years)	\$3.00
Adult (18+ years)	\$5.00

Rusch Community Park Swim Center is open:

Weekends & Holidays from Memorial Day weekend through August 12 from 1:00-5:00PM.

Weekdays from June 11 through August 10 from 1:00-3:30PM.

Fees: Tots (Under 2 years)	Free
Youth (3-17 years)	Weekdays - \$2.00 / Weekends - \$3.00
Adults (18+ years)	Weekdays - \$3.00 / Weekends - \$4.00

Pool Closure/Special Hours Dates:

Rusch Pool will have special hours for public swim (2:30 to 5:00PM) on the following dates due to District special event programming: June 9, 30 and July 14. Rusch Pool will be closed on July 21.

Swim Passes:

Antelope Aquatic Complex Season Pass

Fees: Tots (Under 2 years)	Free
Youth (3-17 years)	\$40.00
Adult (18+ years)	\$60.00

Rusch Pool (10) Visit Punch Card \$25.00

Aqua-Cise Classes:

The Sunrise Recreation and Park District offers Aqua-cise classes for individuals of ALL fitness levels. Classes are generally offered from May through September. Specific Aqua-cise class dates, times, fees, etc. can be located in the 2012 Spring/Summer Activity Guide that will be available in March 2012.

Private Pool Rentals:

Private Pool Rentals for the Antelope Aquatic Complex and Rusch Pool are available on Saturdays and/or Sundays only. Rental times are 5:30-8:30PM for a 2-hour minimum rental. The pools will be open to rentals from Memorial Day weekend through Labor Day weekend. The pool rental fee includes the cost of the Lifeguard Staff. An additional fee of \$15 per hour/per Lifeguard will be applied to pool rentals over the maximum number of swimmers listed below. Reservations for pool rentals can be made in the District Office at Rusch Park.

<u>POOL LOCATION</u>	<u># OF SWIMMERS</u>	<u>2012 FEES</u>
ANTELOPE POOL (Slides/Play Park Only)	Up to 150 swimmers	\$250 per hour
ANTELOPE POOL (Entire Aquatic Facility)	Up to 300 swimmers	\$350 per hour
ANTELOPE POOL COMMUNITY ROOM* (During Public Swim Only)	Up to 25 people	\$125 + \$75 deposit Includes 2-hour room rental and 25 entrance fees.
RUSCH POOL	Up to 150 swimmers	\$175 per hour

*The Antelope Community Room can be rented during public swim hours Monday – Friday from 1:00 to 4:00pm and Saturday and Sunday from 1:00 to 5:00pm. Price includes 2-hours in the Community Room at the Antelope Aquatic Complex and all day entry into the Antelope Aquatic Complex. **Every person entering the facility must pay the entrance fee.** Please call the SRPD Main Office for more information, (916) 725-1585.