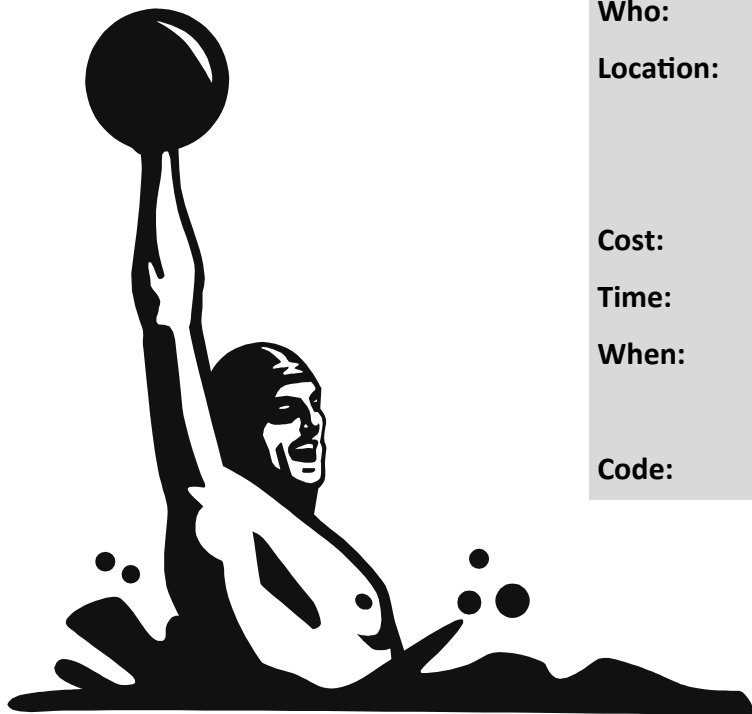


Adult Water Polo

This Adult Club is a great way to stay in shape and enjoy the sport of Water Polo. Designed for beginning and intermediate players, as well as strong swimmers without water polo experience. Practices will include endurance training, skills development, and game play.



League Information

Who:	Men & Women 14+
Location:	Antelope Aquatic Complex 7990 Palmerson Drive. Antelope, CA 95843
Cost:	\$68
Time:	7:30pm - 8:45pm
When:	June 6 - July 20 (Mondays & Wednesday) No class July 4th
Code:	6830.100

For more information contact Becky at bherz@sunriseparks.com or 725-0185

7801 Auburn Blvd.
Citrus Heights, CA 95610
(916) 725-1585
(916) 725-2541 fax

[View Activities &
Register Online](#)



**Parks
Make
Life
Better!**

Follow us:

