

# 2018 LIFEGUARD REVIEW AND RECERTIFICATION

Sunrise has two types of American Red Cross recertification for Lifeguards: one is the standard lifeguard recertification and the other includes the standard lifeguard recertification with the additional modules of Administering Emergency Oxygen and First Aid for Public Safety Personnel (Title 22). Swim tests, skills tests, and written tests must all be passed for certification. Please bring your pocket mask, a copy of your certifications and be prepared to swim.

## Lifeguard Training Review Course

**Fee:** \$95 (Please bring a Pocket Mask)  
**Session 1:** [6501.120](#)  
**When:** 3/29  
Fri 8:30am - 6:00pm

## Lifeguarding Training Review Course with O<sup>2</sup> & Title 22

**Fee:** \$110 (Please bring a Pocket Mask)  
**Session 2:** [6501.121](#)  
**When:** 3/29 - 3/30  
Fri & Sat 8:30am - 6:00pm

**Only current ARC LG or ARC LG that have had certifications expired within one month of 3/29/18**

**Ages:** 17+ years  
**Location:** Rusch Pool  
7801 Auburn Blvd., Citrus Heights



**American  
Red Cross**

For more information contact Colin  
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