

Gymnastics with Byers

Children will love learning in positive, safe, fun-filled classes. Classes focus on gross motor development, basic gymnastics skills and the feeling of "I can do it".



Location

Byers Gymnastics
7700 Sunrise Blvd.
Suite 2200
Citrus Heights, 95610



Parent Participation (walking - 3 years)

Parents have fun as you safely work on motor skills, rolling, jumping, climbing, rhythms and basic gymnastics activities. A great start for your toddler.

Tue	Fee	9:00 - 9:45am	Wed	Fee	9:00 - 9:45am
2201.301	\$119	10/31 - 12/12	2206.301	\$119	11/1 - 12/13
2201.302	\$101	1/9 - 2/13	2206.302	\$101	1/10 - 2/14
2201.303	\$101	2/20 - 3/27	2206.303	\$101	2/21 - 3/28

Tot Gymnastics (3 years)

A great class for 3 year olds to develop skill in all gymnastic events...vault, bars, beam and tumbling. Musical and rhythmic activity is also included.

Tue	Fee	9:45 - 10:30am	Wed	Fee	9:45 - 10:30am
2220.301	\$119	10/31 - 12/12	2219.301	\$119	11/1 - 12/13
2220.302	\$101	1/9 - 2/13	2219.302	\$101	1/10 - 2/14
2220.303	\$101	2/20 - 3/27	2219.303	\$101	2/21 - 3/28

Kindergym (4 - 5 years)

A focus on basic gymnastics skills...rolls, handstands, cartwheels, working on low beam and bars. Children will begin to develop flexibility and strength as well.

Tue	Fee	10:30 - 11:30am	Wed	Fee	10:30 - 11:30am
2256.301	\$125	10/31 - 12/12	2257.301	\$125	11/1 - 12/13
2256.302	\$107	1/9 - 2/13	2257.302	\$107	1/10 - 2/14
2256.303	\$107	2/20 - 3/27	2257.303	\$107	2/21 - 3/28

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