

Youth KARATE



Location: Foothill Community Center

Kinder Karate

Fee: \$40 4 - 6 years

Introduce your child to the beginning skill elements of martial arts and athletics. Classes are taught in a fun, energetic and exciting environment with one on one interaction.

Tue & Thur 4:30 - 5:00pm

2721.301	11/2 - 12/21*
2721.302	1/9 - 2/27
2721.303	3/13 - 4/26

For both Intro and Kinder Karate classes the testing fee is not included in the registration fee.

***No class 11/23**



Year-Round Karate

Tue & Thur Fee: \$50 7+ years

Our year round programs provide training in critical self defense skills and foundational athletic abilities. Through progressive drill, competition and one on one interaction, students will become competent and confident in the martial arts.

Our mission is to empower our students to achieve their own physical, mental and emotional goals through functional martial arts training in an environment that fosters fun, camaraderie and community.

DATES	BEGINNING		INTERMEDIATE/ ADVANCED
	5:00 - 5:45pm	6:15 - 7:00pm	7:00 - 7:45pm
10/3 - 10/26	2725.301	2726.301	2727.301
11/2 - 11/30*	2725.302	2726.302	2727.302
12/5 - 12/21	2725.303	2726.303	2727.303
1/2 - 1/30	2725.304	2726.304	2727.304
2/1 - 2/27	2725.305	2726.305	2727.305
3/1 - 3/29	2725.306	2726.306	2727.306

Introduction to Karate (pre-requisite for Year-Round Karate)

Fee: \$40 7 - 14 years

The pre-requisite class for the Year-Round Karate program, instruction provides the fundamental physical and social skills to succeed later on in training. No uniform is required. This class is recommended for kids with no prior martial arts training.

Tue & Thur 5:45 - 6:15pm

2723.301	11/2 - 12/21*
2723.302	1/9 - 2/27
2723.303	3/13 - 4/26

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