

Competitive Stroke Clinic

Participants will learn the fundamentals of butterfly, backstroke, breaststroke, and freestyle. This clinic is for swimmers who plan to participate in the 2017 swim team season. Participants must have a minimum of basic swimming skills.

Clinic Information

Location: Rusch Pool

Dates: March 14 - March 30

Days: Tuesday, Wednesday, Thursday

Fee: \$53 per child

Ages: 4 - 6

5:30pm - 6:00pm Code: [6104.100](#)

Ages: 7 - 10

6:00pm - 6:45pm Code: [6104.101](#)

Ages: 11 - 18

6:45pm - 7:30pm Code: [6104.102](#)

**Get a Jump Start on
Swimming!**



For more information contact Becky at bherz@sunriseparks.com or (916) 725-0185

7801 Auburn Blvd.
Citrus Heights, CA 95610
(916) 725-1585
(916) 725-2541 fax
www.sunriseparks.com

View Activities &
Register Online



Parks
Make
Life
Better!

Follow us:

