

Gymnastics with Byers

Children will love learning in positive, safe, fun-filled classes. Classes focus on gross motor development, basic gymnastics skills and the feeling of "I can do it".



Location

Byers Gymnastics
7700 Sunrise Blvd.
Suite 2200
Citrus Heights, 95610

*No Class 7/4, 7/5



Parent Participation (walking - 3 years)

Parents have fun as you safely work on motor skills, rolling, jumping, climbing, rhythms and basic gymnastics activities. A great start for your toddler.

Tue	Fee	9:00 - 9:45am	Wed	Fee	9:00 - 9:45am
2201.201	\$112	4/4 - 5/23	2206.201	\$112	4/5 - 5/24
2201.202	\$56	5/30 - 6/20	2206.202	\$56	5/31 - 6/21
2201.203	\$70	6/27 - 8/1*	2206.203	\$70	6/28 - 8/2*
2201.204	\$56	8/8 - 8/29	2206.204	\$56	8/9 - 8/30
2201.204	\$112	9/5 - 10/24	2206.205	\$112	9/6 - 10/25

Tot Gymnastics (3 years)

A great class for 3 year olds to develop skill in all gymnastic events...vault, bars, beam and tumbling. Musical and rhythmic activity is also included.

Tue	Fee	9:45 - 10:30am	Wed	Fee	9:45 - 10:30am
2220.201	\$112	4/4 - 5/23	2219.201	\$112	4/5 - 5/24
2220.202	\$56	5/30 - 6/20	2219.202	\$56	5/31 - 6/21
2220.203	\$70	6/27 - 8/1*	2219.203	\$70	6/28 - 8/2*
2220.204	\$56	8/8 - 8/29	2219.204	\$56	8/9 - 8/30
2220.205	\$112	9/5 - 10/24	2219.205	\$112	9/6 - 10/25

Kindergym (4 - 5 years)

A focus on basic gymnastics skills...rolls, handstands, cartwheels, working on low beam and bars. Children will begin to develop flexibility and strength as well.

Tue	Fee	10:30 - 11:30am	Wed	Fee	10:30 - 11:30am
2256.201	\$117	4/4 - 5/23	2257.201	\$117	4/5 - 5/24
2256.202	\$61	5/30 - 6/20	2257.202	\$61	5/31 - 6/21
2256.203	\$75	6/27 - 8/1*	2257.203	\$75	6/28 - 8/2*
2256.204	\$61	8/8 - 8/29	2257.204	\$61	8/9 - 8/30
2256.205	\$117	9/5 - 10/24	2257.205	\$117	9/6 - 10/25

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